

**Università di Pisa & Istituto Lama Tzong Khapa
present:**



Summer School Consciousness and Cognition

August 29th – September 6th 2026

Pomaia (Pisa)

AGENDA

Summer School Consciousness and Cognition 29/08 – 06/09 2026

Title	(hours)	Teacher
Introduction	(1)	Bruno Neri
<u>Consciousness and Meditation in Western and Eastern Traditions</u>		
Phenomenology and Yoga	(8)	Giulia Moiraghi
Meditation in Buddhism	(2)	G. Piana
Emptiness in the Prasangika Perspective	(2)	Sonam Wangchuck
<u>Quantum Mechanics and Consciousness</u>	(6)	Paavo Pyllkanen
<u>Biosemiotics</u>	(2)	Nicola Zengiaro
<u>Artificial Intelligence and Robots</u>	(8)	M. Cimino (6), Antonio Chella (2)
<u>Objective analysis of Consciousness and perception</u>		
Characterization techniques and imaging	(2)	Nicola Vanello
Time and frequency domain Analysis	(2)	Alejandro Callara
<u>Brain Networks and States of Consciousness</u>	(5)	A. Gemignani (3), A. Piarulli (2)
<u>Not Ordinary States of Consciousness.</u>		
Contemplative Neuroscience	(4)	A. Zaccaro (2) , B. Neri (2)
Hypnosis and Near Death Experiences	(4)	Enrico Facco
Psychedelics in Shamanism and Science	(2)	Tania Re

Experiential Activities (optional)

- **Developing the Skills of Attention: Focus, Mindful Awareness, Consciousness:**

An experiential exploration in 2 sessions of the various components of attention, their importance to human flourishing, a bit about the science of attention, and how these skills can be developed through the practice of meditation. Exercises in pairs will be provided so as not to stay seated all the time.

(5)

Joan Dombon

- **Consciousness and Reality:**

Meetings with students will be aimed at bringing the topics explained in the morning session to an experiential level. The following abilities will be developed: distinguishing between conventional reality and ultimate reality, identifying in oneself minds that perceive reality in an incorrect manner, generating minds that lead to a correct understanding of the mode of existence of phenomena. There will be walking meditation sessions and informal Q&A sessions.

(5)

Sonam Wangchuk

- **The *Embodiment* in Yoga. A Phenomenological-Informed *Hatha-Yoga* and Meditation Practice:**

After having set the theoretical framework of what a phenomenological approach to reality amounts to, students are given the chance to embody through yoga this particular stance and experience first-hand how the yogic practice can become a favorable access-door to a usually overlooked and unconsidered dimension of consciousness, a dimension not taken into account within the Western ongoing debate on mind.

(5)

Giulia Moiraghi

Agenda SS C&C 2026

Friday 28 th August

21.00 – 22.00: Welcome at ILTK

Saturday 29 th August (5)

9.30 – 10.30	Opening Session	B. Neri
10.30-12.30	Phenomenology and Yoga	G.Moiraghi
14.00-17.00	States of Consciousness and Meditation	A. Zaccaro

19.00-20.00 Presentation Experiential activities (Meditation/Yoga)

Sunday 30 th August (6)

08.30-10.30	Phenomenology and Yoga	G. Moiraghi
10.30-12.30	Meditation in Buddhism	G.Piana
14.00 16.00	Emptiness	Sonam Wngchuck

16.30-19.00 Experiential activities (The *Embodiment* in Yoga. A Phenomenological-Informed
Hatha-Yoga and Meditation Practice) G.Moiraghi

Monday 31 th Agosto (6)

08.30-10.30	Phenomenology and Yoga	G. Moiraghi
10.30-12.30	Biosemiotica	Zengiaro
14.00-16.00	Near Death Experiences	E.Facco

16.30-19.00 Experiential Activities (Developing the Skills of Attention) Joan Dombon

Tuesday 1 st September (6)

08.30-10.30	Hypnosis	E. Facco
10.30-12.30	Sincronization, biofields and Empaty	A. Callara
14.00-16.00	Phenomenology and Yoga	G.Moiraghi

16.30-19.00 Experiential activities (Consciousness and Reality) Sonam Wangchuk

Wednesday 2 September (6)

8.30-10.30	Artificial Intelligence	MGCA Cimino
10.30-12.30	Characterization techniques	N.Vanello
<u>14.00-16.00</u>	<u>Consciousness and Quantum Physics</u>	<u>P. Pylkkanen</u>

16.30-18.45 Experiential activities (The *Embodiment* in Yoga. A Phenomenological-Informed *Hatha-Yoga* and Meditation Practice) Giulia Moiraghi

Thursday 3 September (6)

<u>08.30-10.30</u>	<u>Consciousness and Quantum Physics</u>	<u>P- Pylkkanen</u>
10.30-12.30	AI	M.G.C.A. Cimino
14.00-16.00	AI	M.G.C.A. Cimino

16.30-19.00 Experiential activities (Consciousness and Reality) Sonam Wangchuk

Friday 4 September (6.00)

<u>08.30- 10.30</u>	<u>Consciousness and Quantum Physics</u>	<u>P. Pylkkanen</u>
10.30-12.30	Artificial Consciousness	A. Chella
14.00-16.00	Psychedelics and Consciousness	T. Re

16.30-19.15 Experiential activities (Developing the Skills of Attention) Joan Dombon

Saturday 5 September (7)

08.30-10.30 Neurobiologically grounded theories of consciousness A. Piarulli

10.30-13.30 Neurophenomenology of NOSC A. Gemignani

14.30-16.30 Report from a Tibetan Monastery and Conclusions B. Neri

Sunday 6 September

08.30-10.30

Closing Greetings, Group Photo and Departures