

What's your Story?

Storytelling for PhD Students

UniPisa PhD+

Pisa, February 19, 2015

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Program

- 1. Storytelling: 5W + 1H**
- 2. The Communication Model for Storytelling:
The Story Triangle**
- 3. The Storytelling Process:
The Story Circle**
- 4. Six Stories You Need to Know How to Tell**
(based on Annette Simmons' The Story Factor)
- 5. Exercices**



Storytelling: 5W + 1H

What is Storytelling, and What is a Story

story

sto·ry¹ [**stawr**-ee, **stohr**-ee] [Show IPA](#)

noun, plural sto·ries.

1. a narrative, either true or fictitious, in prose or verse, designed to interest, amuse, or instruct the hearer or reader; tale.
2. a fictitious tale, shorter and less elaborate than a novel.
3. such narratives or tales as a branch of literature: *song and story.*
4. the plot or [succession](#) of incidents of a novel, poem, drama, etc.: *The characterizations were good, but the story was weak.*
5. a narration of an incident or a series of events or an example of these that is or may be narrated, as an anecdote, joke, etc.

Storytelling is
so much more than
“telling stories”

A story can be
something that happened
to me

something that happened
to someone else

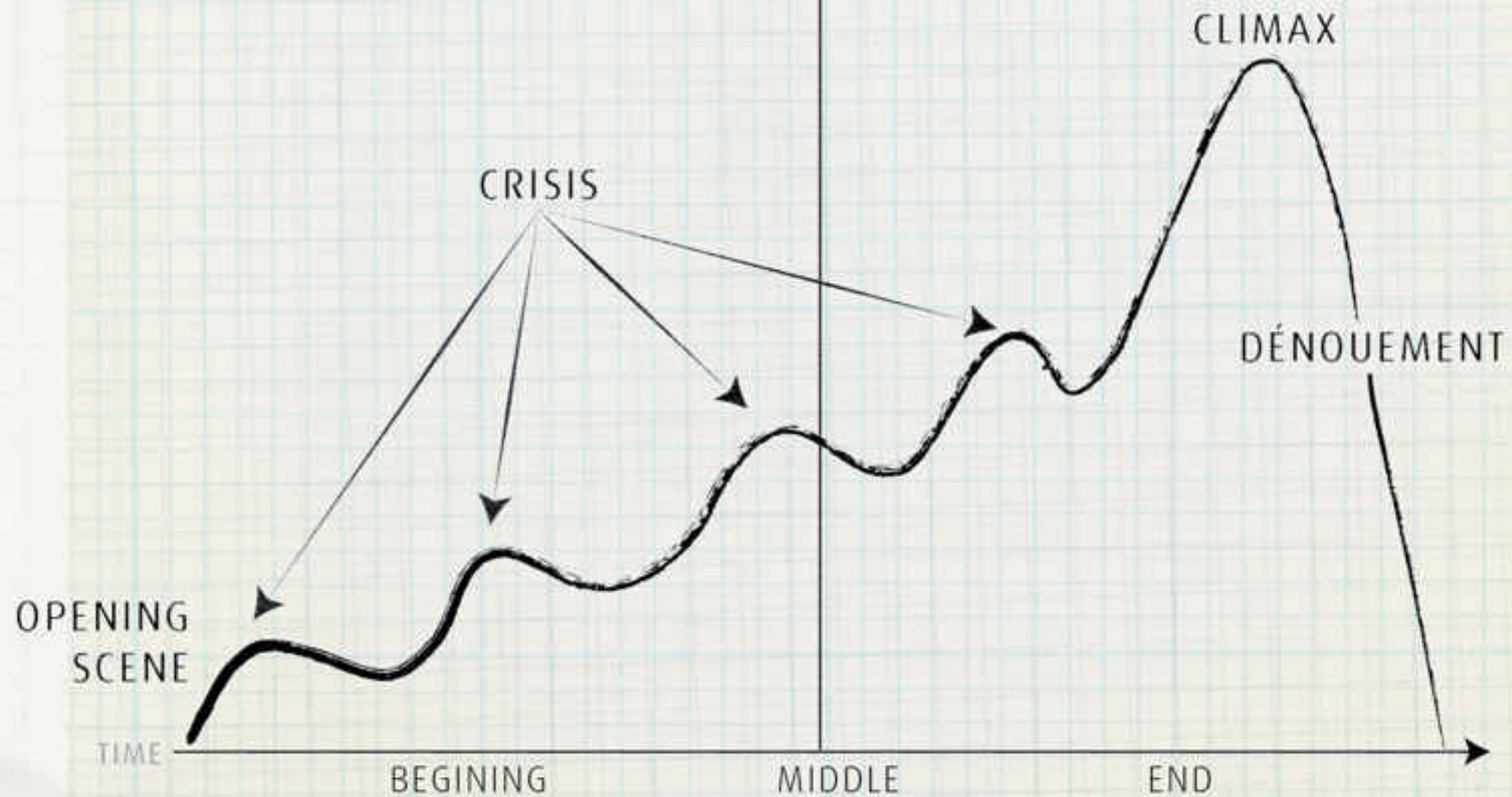
or
something I imagine

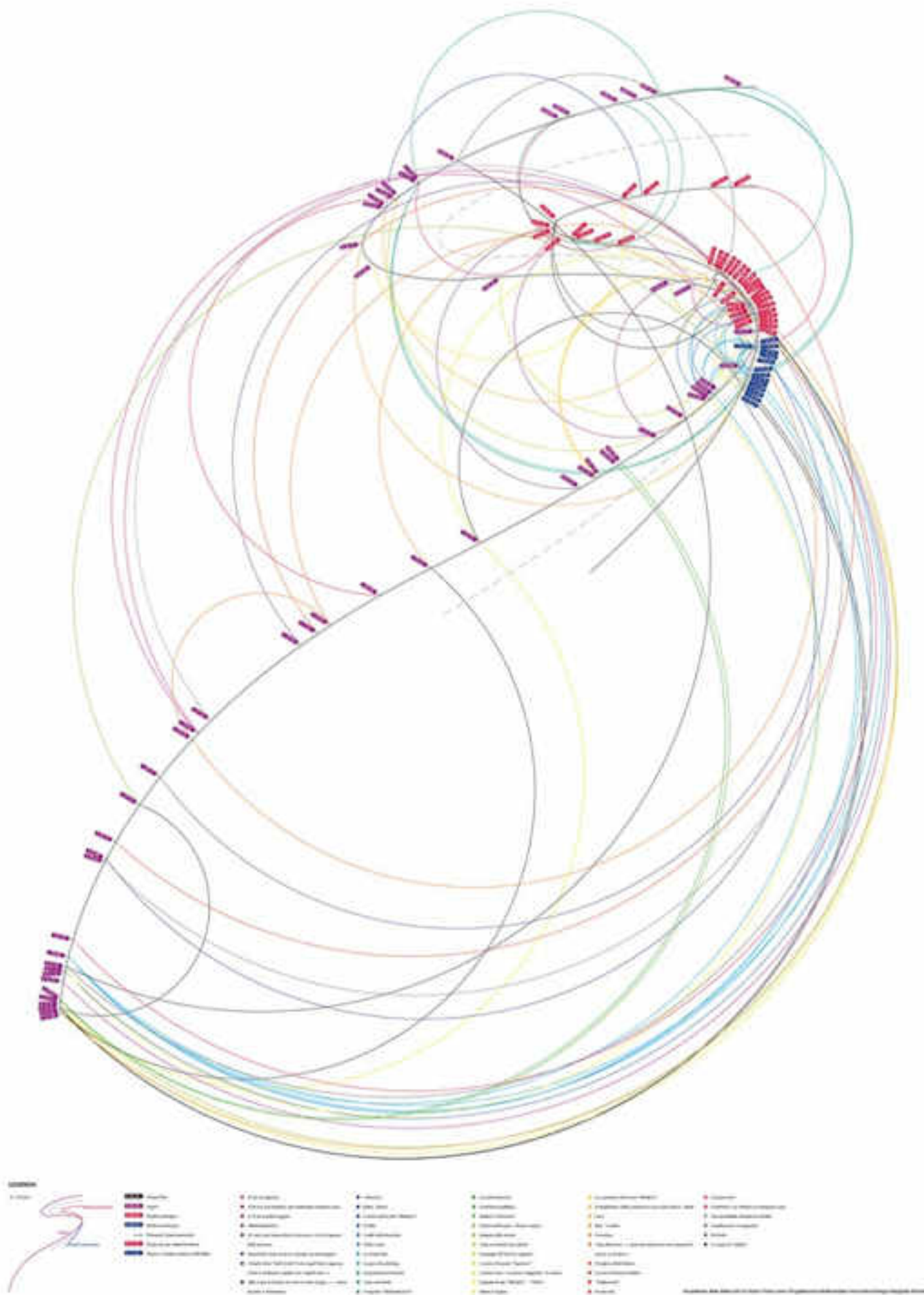
Story is experience
shaped to share

Story makes **sense**
out of our experience

Stories are Journeys

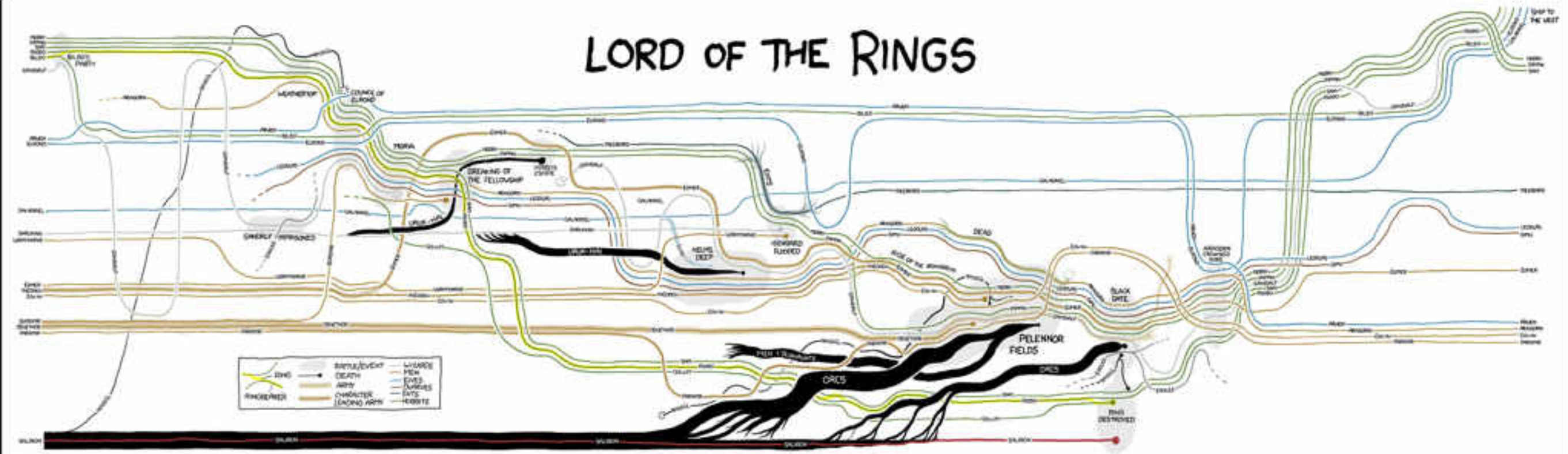
CLASSIC STORY ARC





THESE CHARTS SHOW MOVIE CHARACTER INTERACTIONS.
THE HORIZONTAL AXIS IS TIME. THE VERTICAL GROUPING OF THE
LINES INDICATES WHICH CHARACTERS ARE TOGETHER AT A GIVEN TIME.

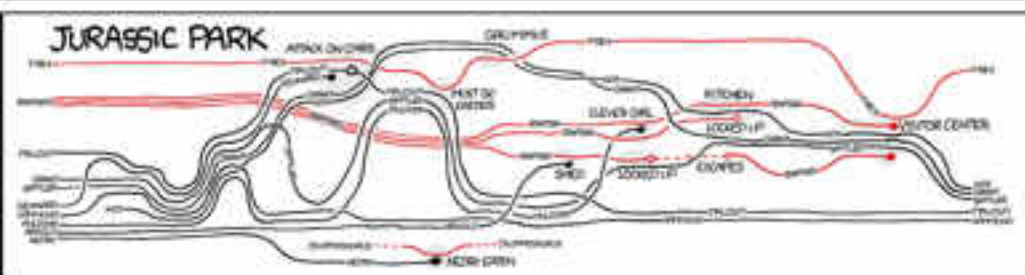
LORD OF THE RINGS



STAR WARS
(ORIGINAL TRILOGY)



JURASSIC PARK



12 ANGRY MEN



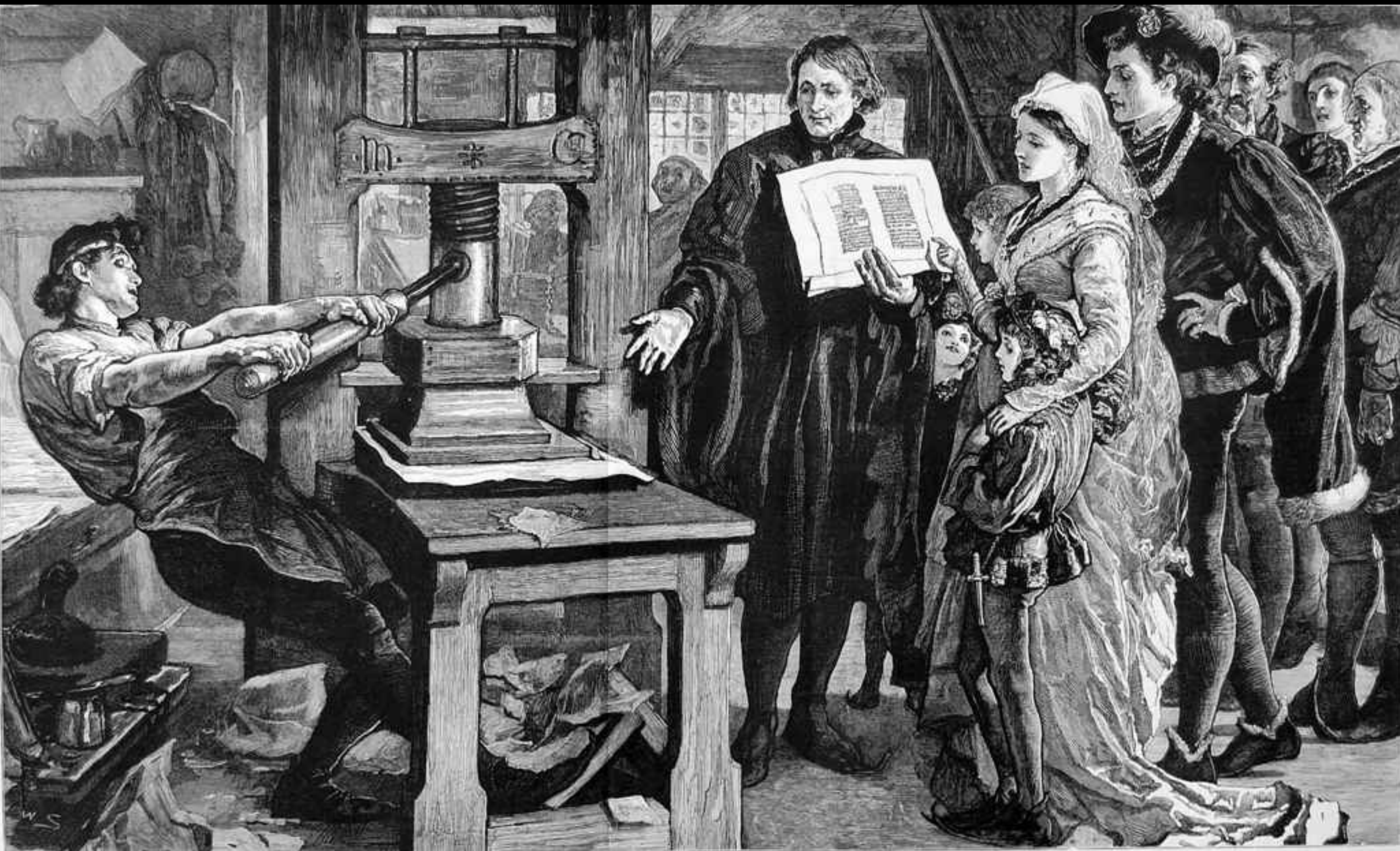
PRIMER

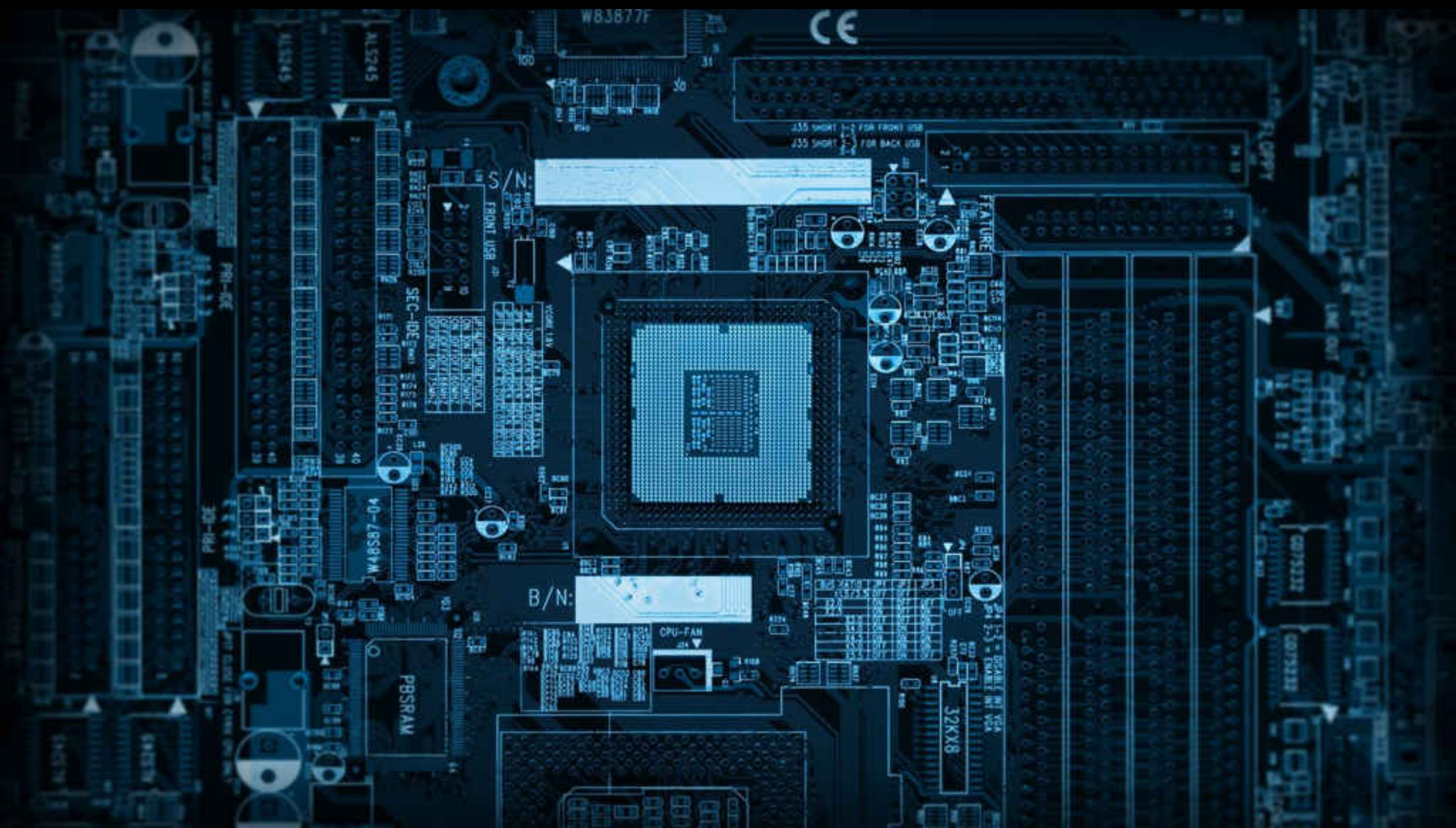


A Short History of Story









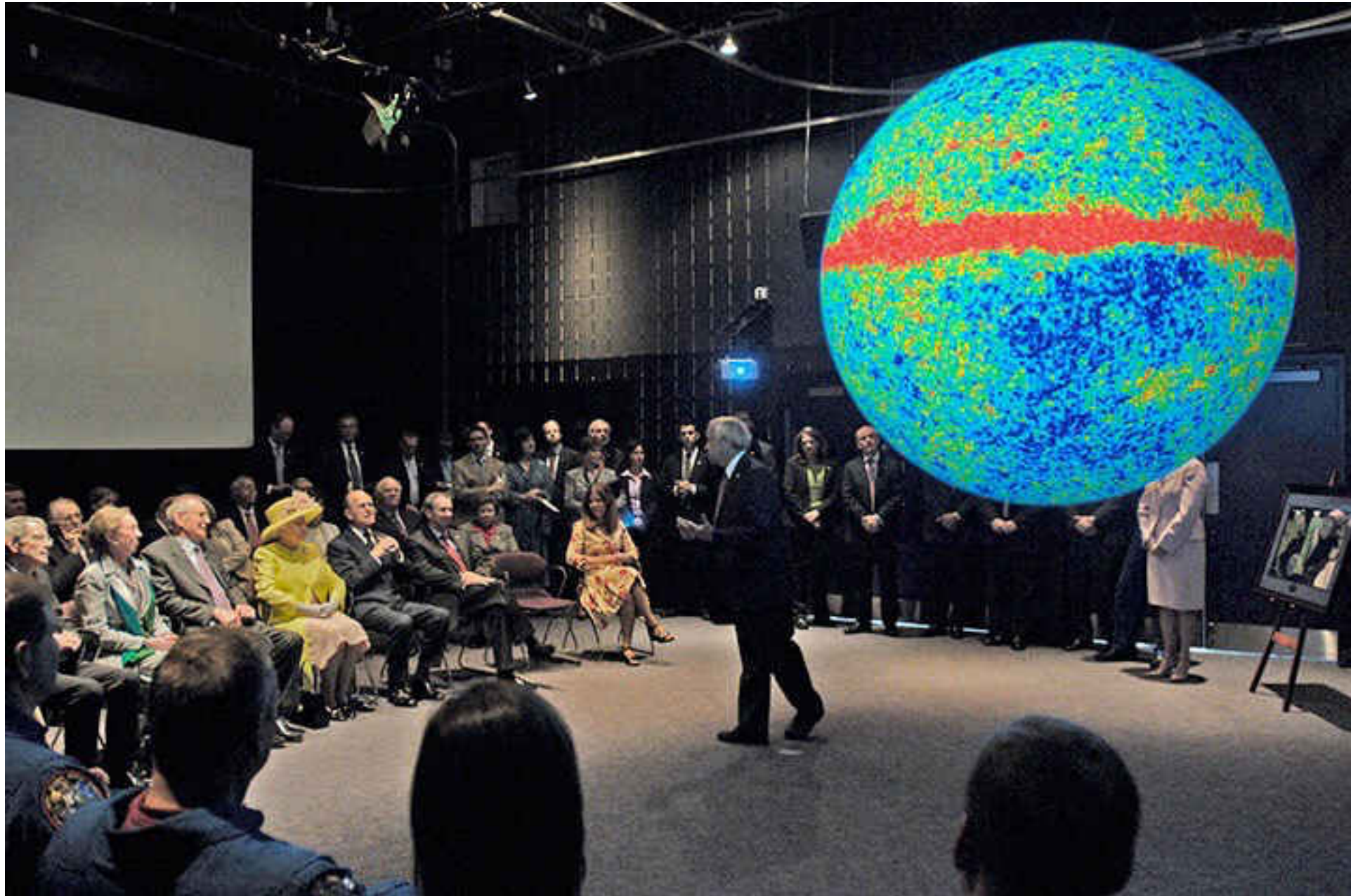
Communication:

The Long
and Winding Road
from the XX Century
to the XXI Century

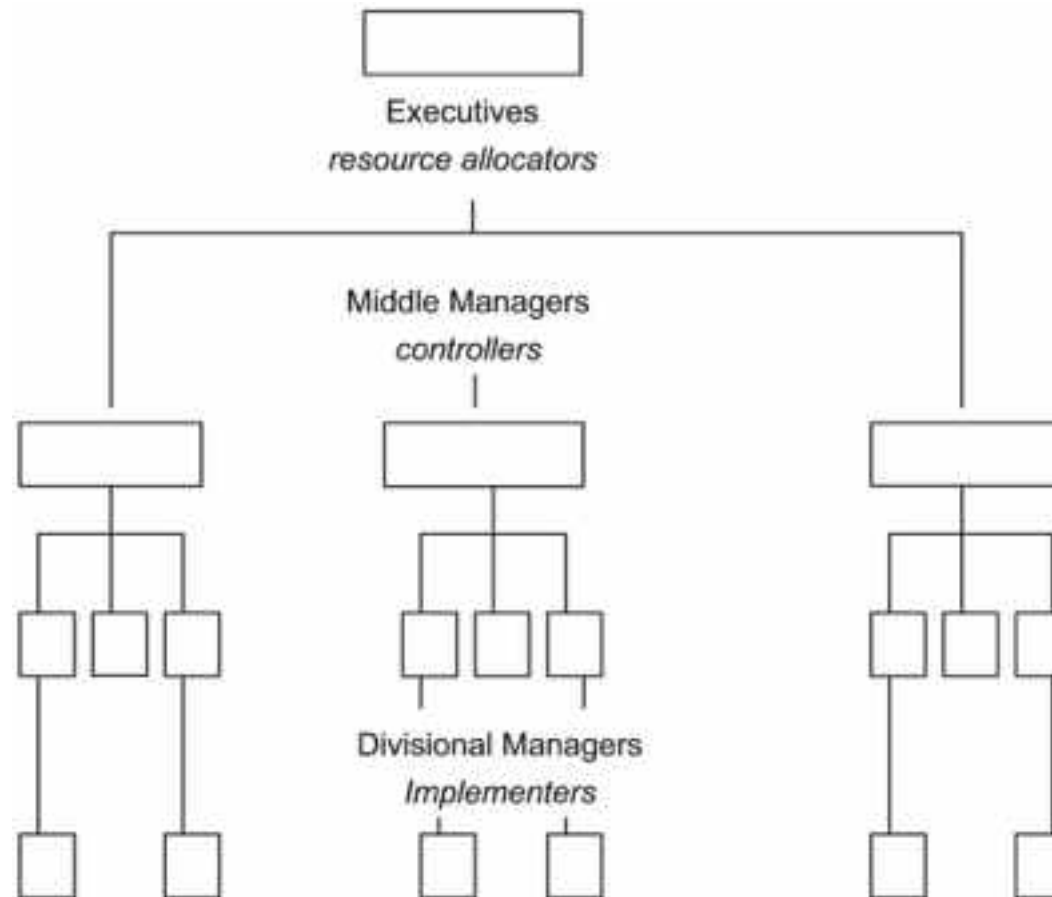
From This:



To This:



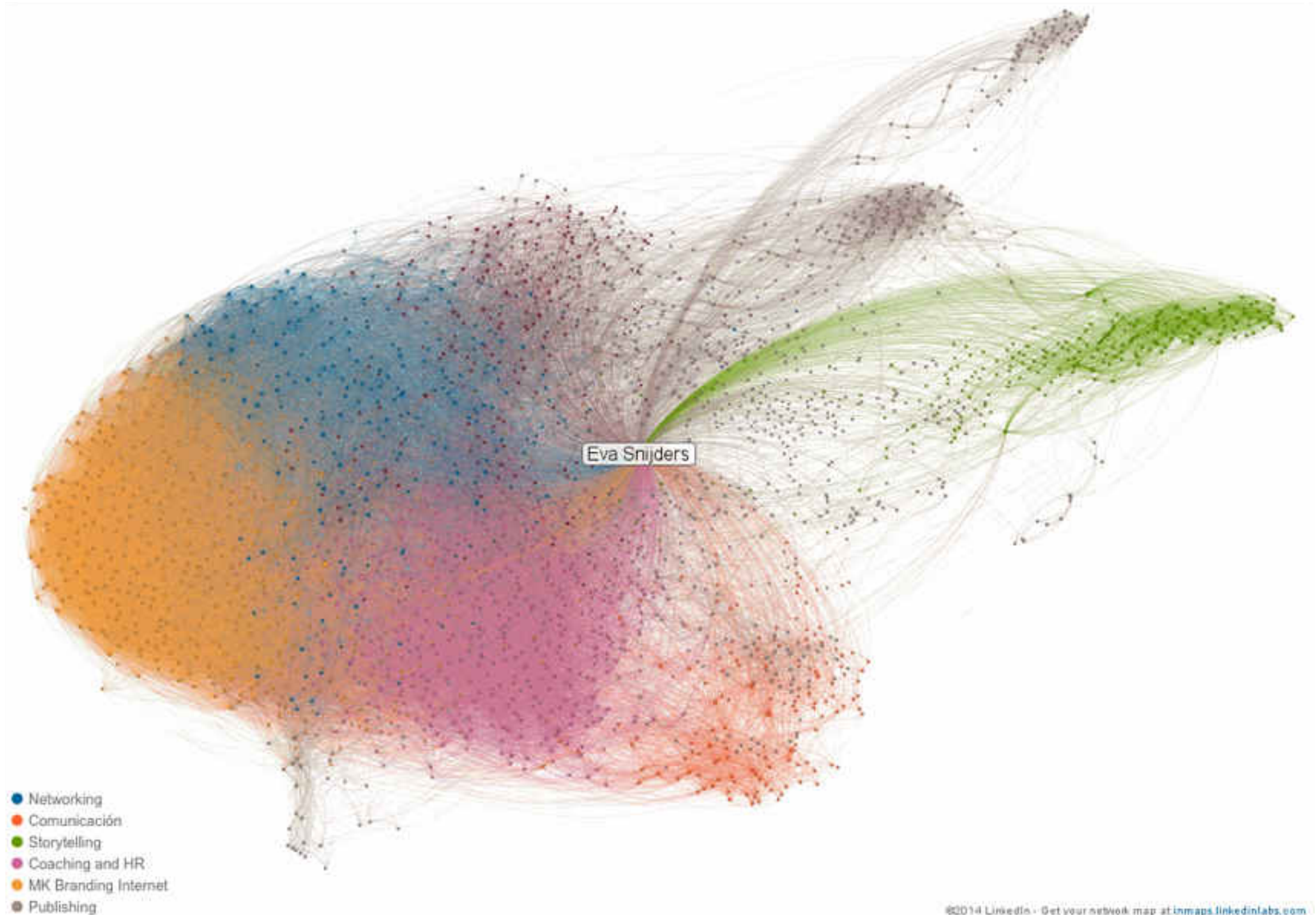
From This:



A culture of command, control and compliance

Source: Hope and Fraser (1997)

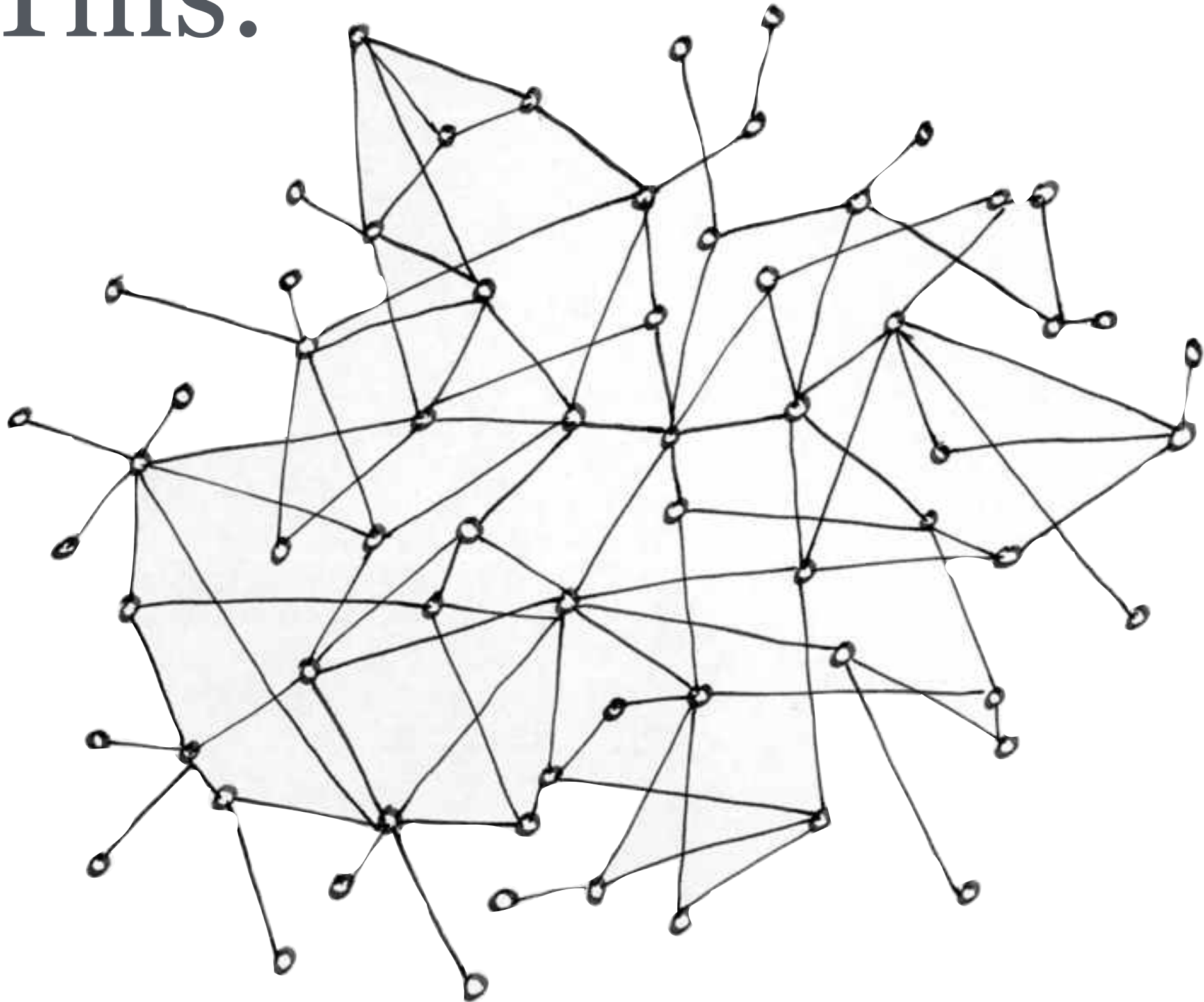
To This:



From This:



To This:

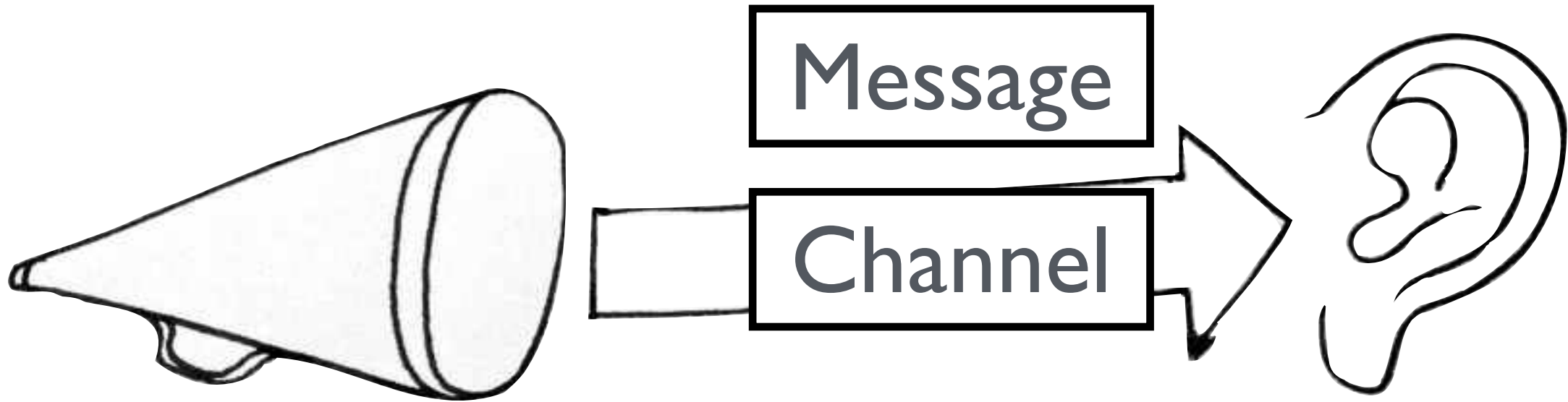


Today, we live in a
“hyper” world:
hyper informed
hyper connected
hyper fragmented

*“We already have all the **information**,
now we need to know **what it means.**”*

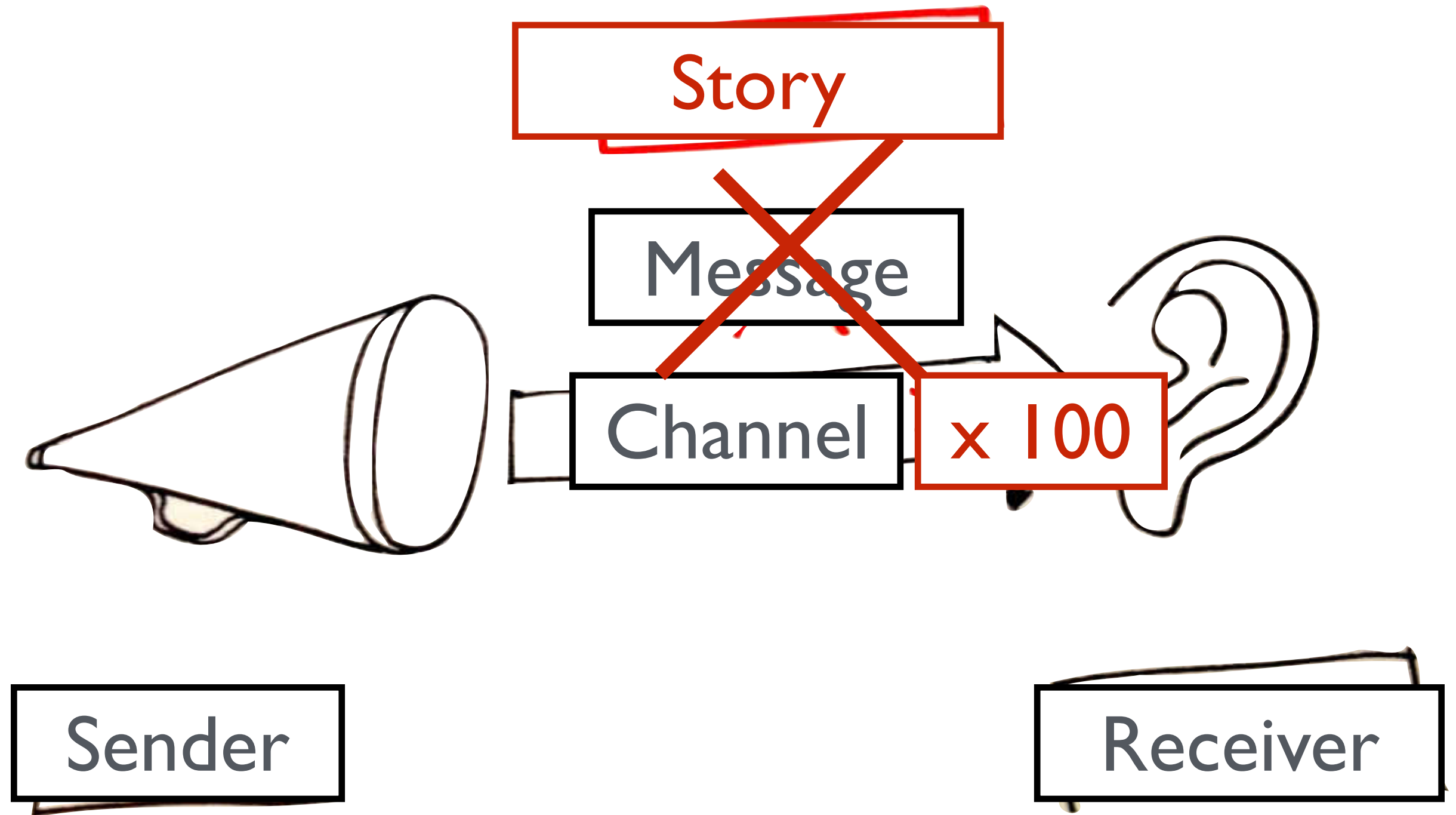
Annette Simmons

What That Actually Means

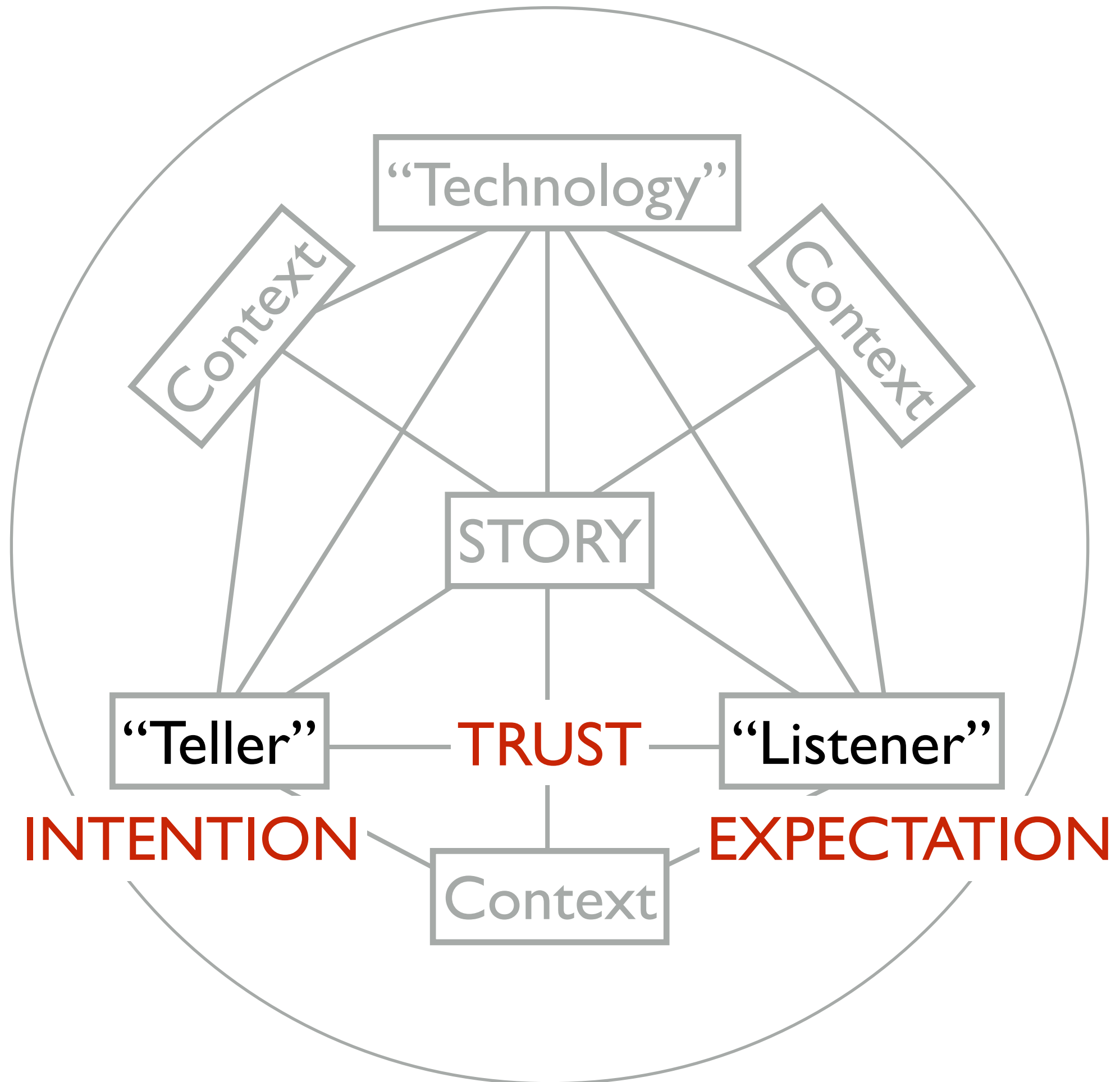


Sender

Receiver





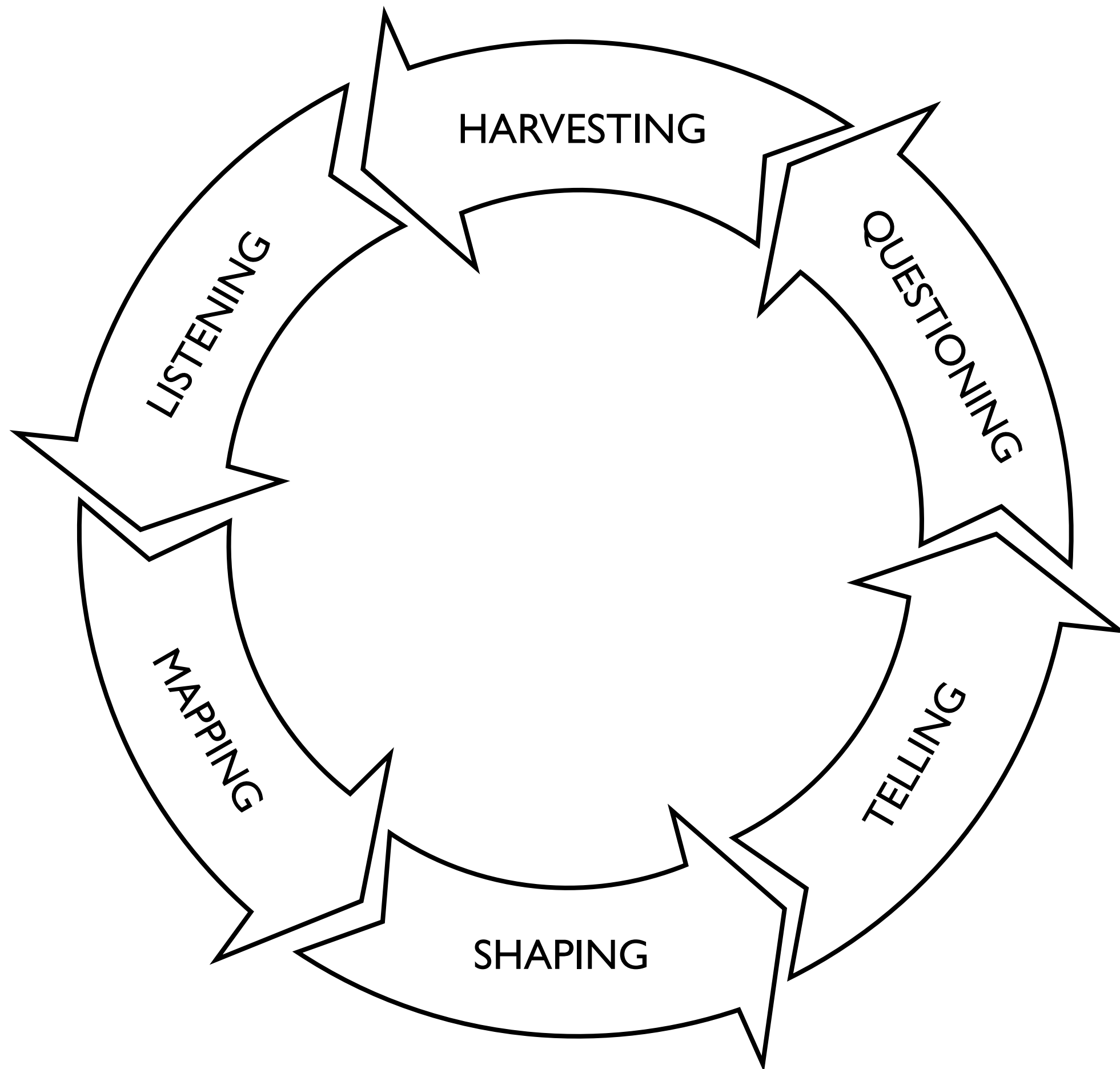


Why Tell Stories
for your Career?

When, and Where,
to Tell Stories?

Who Can Tell Stories?

How to Tell Stories?

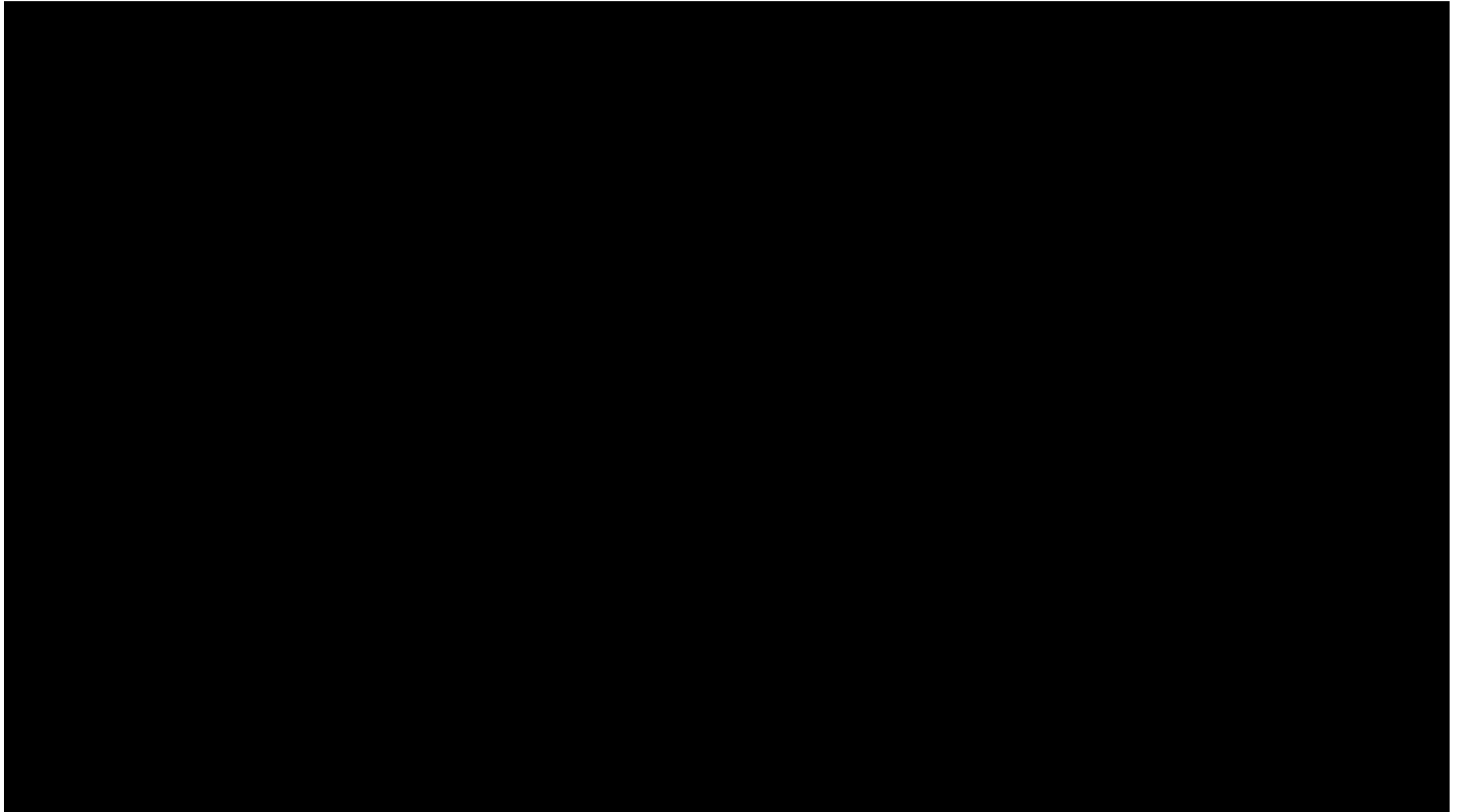


Storytelling for your Career

Six Stories You Need to
Know How to Tell
(based on Annette Simmons'
The Story Factor)

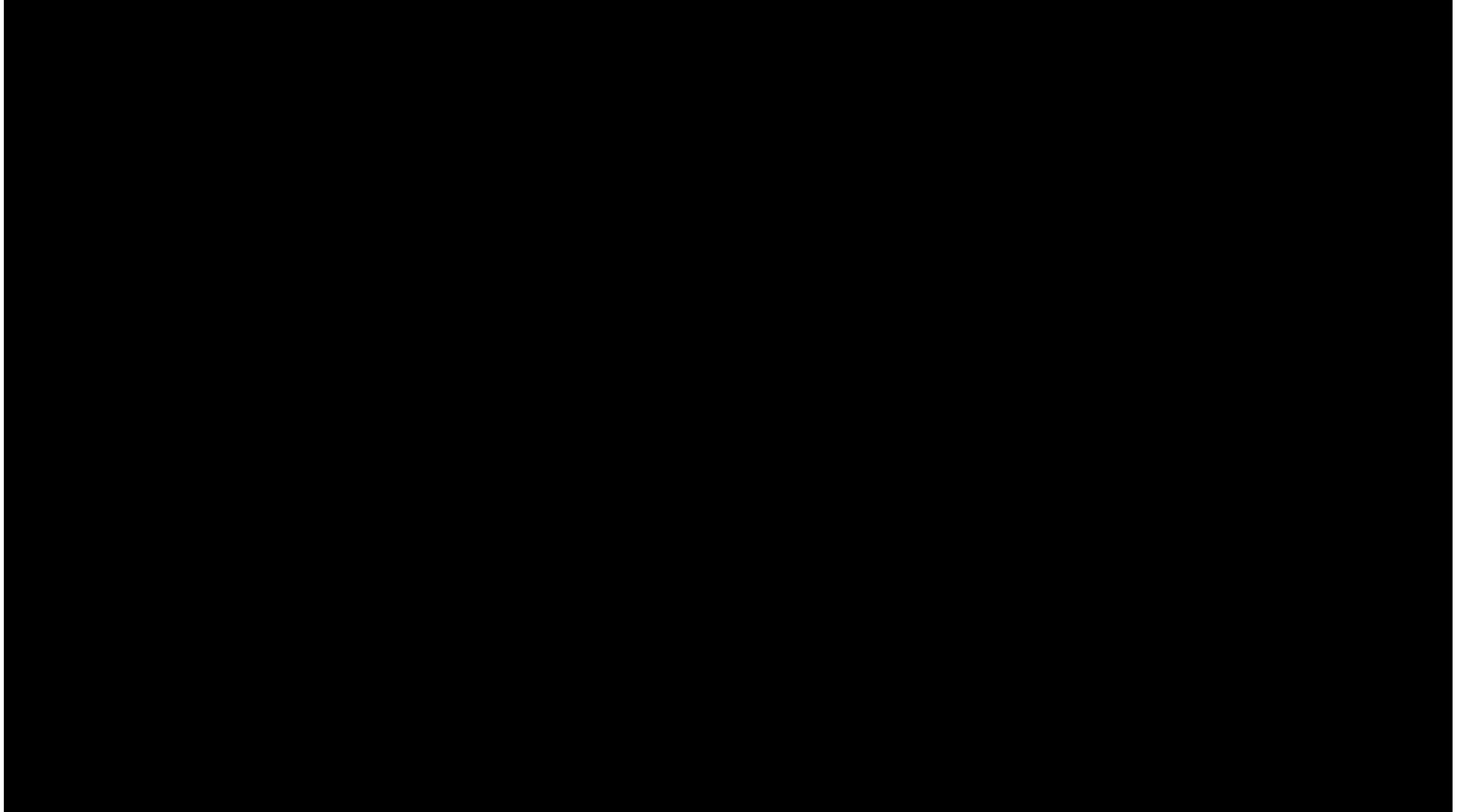
Who I Am Stories

Kira Radinsky



Why I Am Here Stories

Matt Hayler



My Vision Story

Richard Branson



Teaching Stories

Hans Rossling



Values in Action Stories

Bill & Melinda Gates

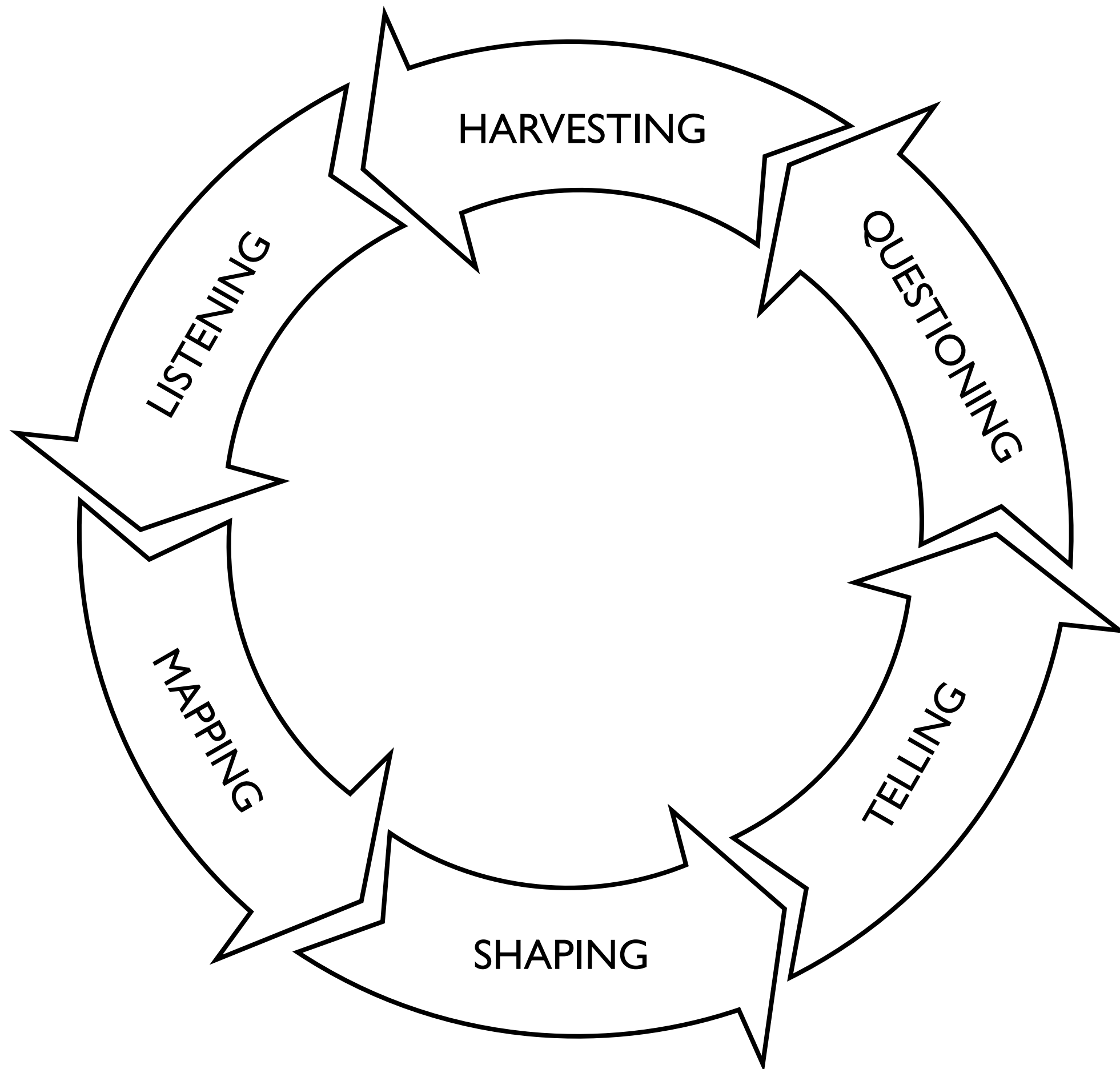


*I Know what you are
Thinking* Stories

Shoes



Let's Work!



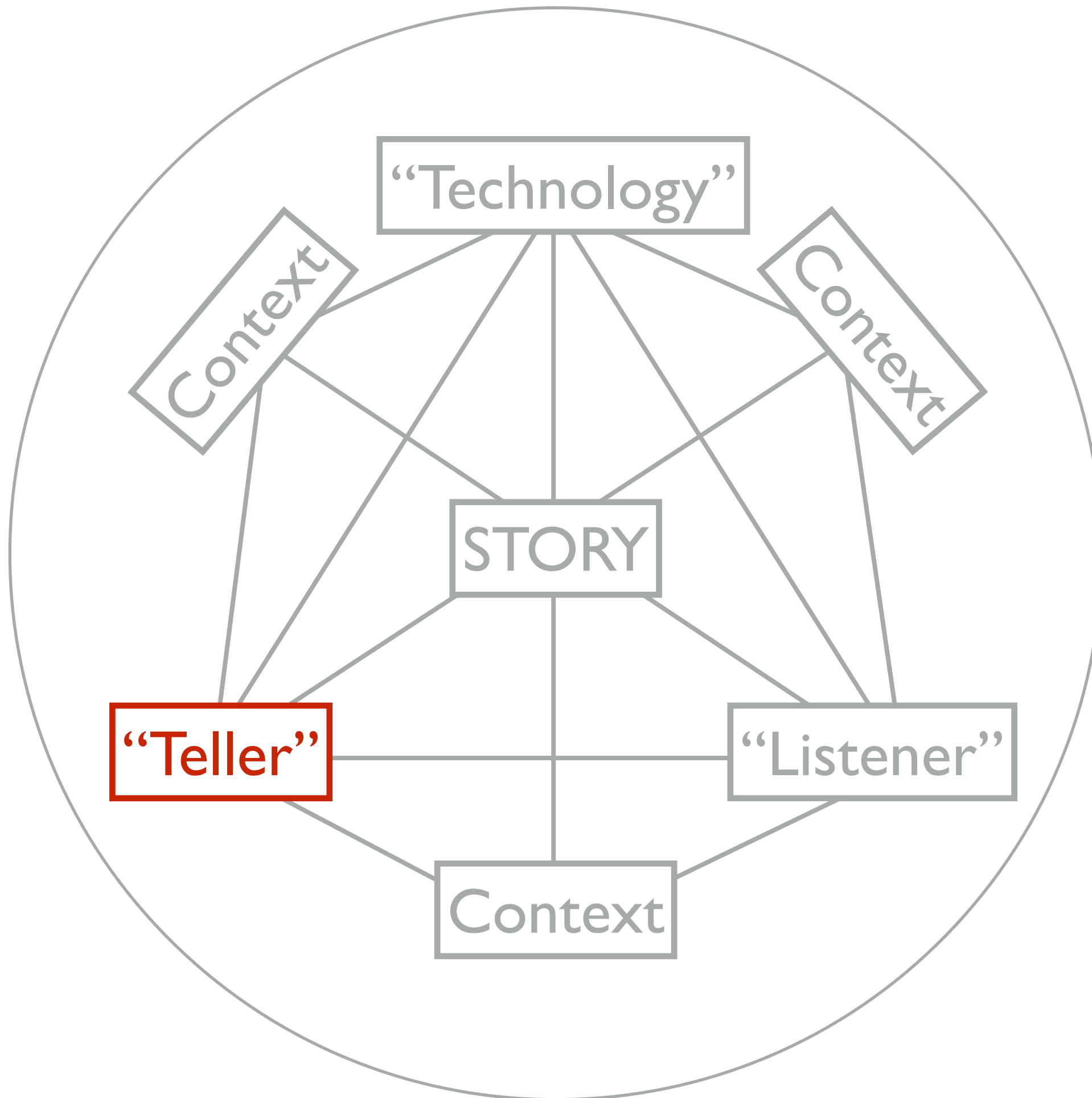
Exercise:

The River of Life



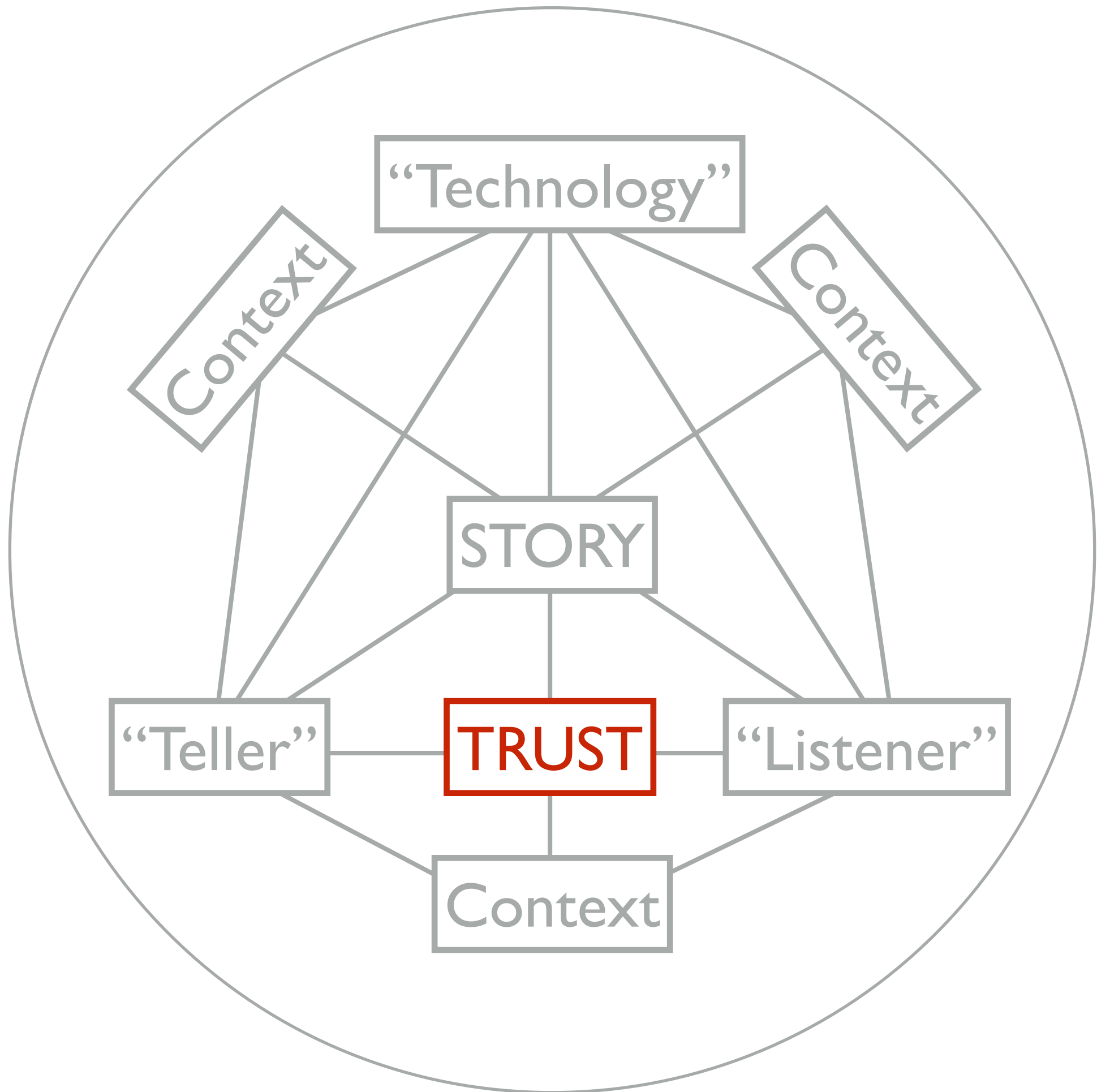
Exercise:

The Who Am I Story



Exercise:

A Value in Action Story



Exercise:
My Audience
(Designing Avatars)



Exercise:
Shaping the Future
(Designing a Scenario)

Q&A

Summary

- Storytelling is the Art of Making Sense
- A Story is a Narrative Designed for the Public
- Storytelling has evolved through History and Thanks to Inventions like Theatre, the Book Press, Cinema, TV and Technology.
- There are Many Reasons to Tell Stories: to Build Relationships and Community, to Sell, to Show your Values, to Gain Trust...
- Context (place, time) is as important as Story, Audience and Teller.
- It is important to Know Who You Are as a Teller.
- Stories Come in Many Shapes, and there are Many Ways to Tell / Share Them.

6 Types of Stories

- Who I Am
- Why I'm Here
- Vision
- Values in Action
- Teaching
- *I Know What You Are Thinking*

What to Do Next

- Read.
- Listen.
- Observe.
- Look for Stories. Everywhere.
- Ask questions. Loads of them.
- Write. Rewrite.
- Tell.
- Ask for Feedback.
- Retell.
- Have fun!

What's your Story?

Thank you!

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